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### Members and Friends of IWIRC NY,

As we officially head into Summer (and soon, the second half of the year!) and enjoy the numerous outdoor restructuring events planned throughout the city, we look back on some great times with friends both old and new this Spring and are looking forward to a number of opportunities to meet more great IWIRC contacts during the rest of the summer!

We won't confirm whether our adorable succulents from our March "Plant Nite" have survived our green thumbs or not. They are a great reminder of time well spent with colleagues! Golf at Harbor Links was so much fun (even with the brief rain shower) and a great opportunity to spend quality time with friends further honing our golf skills. And, we continued our tradition of having a mix of soft and substantive skills training with a great soft skills event on how to achieve our work and personal goals. See some great pictures from our Spring networking and skills events inside.

On our theme of soft skills in this letter, don't forget to check out "Tips for Quieting Your Inner Critic" provided to us by our fellow IWIRC member, Monica Blacker. It is a great reminder to be easier on ourselves!

Our programming continues over the Summer and into the Fall. We are looking forward to seeing many of you at our fourth annual boat event on July 30, with the Delaware and New Jersey networks and keep your eyes peeled for information on our upcoming Fall substantive event and our September Town Hall. We look forward to talking with many of you about getting more involved in IWIRC NY, whether by being on a committee or running for a board position, over the summer and this Fall.

See you soon!

**Samantha Martin and Jasmine Ball**  
IWIRC NY Co-Chairs

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#### Become a Member

Joining IWIRC NY is easier than ever.

[Sign up](#) and select New York as your primary network.

#### Get Involved

Interested in joining an IWIRC NY subcommittee?

Do you have member news to share? [Drop us a line.](#)

IWIRC • NY [www.iwirc.com/networks/new-york](http://www.iwirc.com/networks/new-york)



## IWIRC NY's Plant Nite

March 27, 2019

Tanner Smith's, New York, New York

Sophia Hepheastou and Maeghan McLoughlin  
Networking Events Co-Chairs

Guests at IWIRC's Plant Nite were able to cultivate their creativity to create beautiful succulent arrangements, zen gardens, and terrariums. Attendees picked succulent plants, vessels, and adornments to create the perfect accent for the home and office. Everyone was glad to catch up with colleagues over cocktails and snacks while planting the night away!



## IWIRC NY Golf Camp

May 17, 2019

Harbor Links

Port Washington, New York

Sunny skies welcomed the ladies of IWIRC NY during the IWIRC NY Golf Camp at Harbor Links. Pros teed off on the 18-hole course while beginners and intermediates participated in a golf clinic before hitting the greens. Golfers were able to squeeze in some time on the course, before ending the day with a networking barbecue. We hope you can join us next year for IWIRC's Annual NY Golf Event!



## IWIRC NY Negotiation Skills for Women: Gaining a Place at the Leadership Table

April 24, 2019

The National Arts Club, New York, New York  
Sharmeen Kahn and Alissa Nann —Substantive Events Co-Chairs

On April 24, 2019, IWIRC NY hosted an amazing event featuring Carol Frohlinger, J.D., co-author of *Her Place at the Table* and *Nice Girls Just Don't Get It*. The evening began with cocktails and networking among the more than 50 women in attendance, and transitioned into an inspiring interactive discussion led by Carol, who passed along her insights and tips for women to actively achieve their work and personal goals. Attendees were eager to share their personal experiences and hear Carol's feedback, which sparked a bunch of laughs and lively discussions among the group. A big thank you to Sharmeen, Alissa and their subcommittee for putting together such a wonderful night!



## Joint Networking Event: Sail Around the City with IWIRC NY, IWIRC NJ, and IWIRC DE

July 30, 2019

Sophia Hepheastou and Maeghan McLoughlin—  
Networking Events Co-Chairs

IWIRC NY, IWIRC NJ, and IWIRC DE will be co-hosting our fourth annual sail around the city on July 30! Come join us for an evening cruise on the Hudson River and enjoy breathtaking views and amazing photo opportunities with friends and colleagues from all three networks. We hope to see you for another picturesque night on the Manhattan Elite!



### Substantive Events

### Subcommittee Members

- Sharmeen Khan (Co-Chair)
- Alissa Nann (Co-Chair)
- Heather Aaronson
- Jasmine Ball
- Lily Liang
- Jessica K. Bonteque
- Katina Brountzas
- Hillary Davis
- Uchechi A. Egeonuigwe
- Shanté George
- Samantha Martin
- Summer McKee
- Jodi Porepa
- Jessica Weitzman
- Lara Sheikh

## Tanya Meerovich

Senior Managing Director, Corporate Finance

FTI Consulting



The success of our Chapter is due in no small part to the contributions and enthusiasm of our incredible members. In celebration of that fact, each quarter, we recognize an “IWIRC NY Shining Star” to introduce you to exemplary members of the IWIRC NY community.

This issue we celebrate Tanya Meerovich for her tireless contributions to IWIRC NY and as the Co-Chair of Substantive Events Committee for the past few years.

Congratulations, Tanya!

### Professional Background

Tanya Meerovich provides financial and strategic solutions to companies, their creditors and investors. Tanya has extensive experience working in advisory services, specializing in financial and operational restructuring, development and implementation of strategic alternatives, loan workouts and business planning. Tanya has worked with both public and private companies across many industries, including financial services, real estate, nonprofits, insurance, healthcare, education, energy, manufacturing, infrastructure, print, entertainment and retail.

### IWIRC Involvement

Served on the IWIRC NY board for two terms as a co-chair of substantive events and represented the NY chapter on the regional committee. She planned IWIRC leadership conference in July 2015, which included over 100 participants from around the world. She moderated and spoke on several panels including: speaking on one of the pitch teams in the “Pitch Perfect: A Mock Pitch Event” in October 2014; moderating “Personal Branding: How to Set Yourself Apart” panel in April 2015; moderating “Insights on Oil & Gas Restructurings: A Conversation with the Industry’s Leading Ladies” panel in July 2016; speaking on “What’s Hot and What’s Next” panel at IWIRC at the Shore in March 2017; and speaking on “Aligning Your Conference and Career Goals” at IWIRC spring meeting in April 2017. She also played an integral role in increasing membership levels and sponsorship dollars.

### Favorite IWIRC event

I could never name just one. It is a family and I am proud and fortunate to be a part of it.

### If you didn’t have to sleep, what would you do with the extra time?

Oh my.....let me get my list out! There is never enough time for anything. I’d love to say that I would go for long walks and sit on the beach, but I’d probably be organizing something in my life.

### Favorite vacation spot you’ve been to and your bucket list vacation spot that you haven’t.

Favorite spot: Costa Navarino in Greece. Bucket list: Bali

## Tips for Quieting Your Inner Critic

I often speak to women about how to deal with external criticism, much of it gender specific. What I have found is that most women find it even harder to quiet their own internal critic. You know, the soundtrack in your head that tells you that you aren't good enough, smart enough, doing enough.

The paradox of the inner critic is that it attacks and undermines you in order to protect you from the shame of failure. Trying to quiet your inner critic is like a muscle, you must exercise it and you have to work at it. I recently read a study that said a woman says 20 negative things to herself before she even leaves the house in the morning... 20!!! With these tips, I will help you find small ways to quiet that nasty internal voice and let you shine.

1. **Get yourself a Cheerleader**—Do you have a friend, colleague, sister, husband who is always singing your praises? If not, you need to get one...or even better several. Every woman should have people in her life (men and women) who think she is fantastic. You need your own cheer squad to remind you of how great you are. This is your tribe, your board of directors, your squad. These are the people who shout louder than the voice in your head. My husband is a great example of this, he often tells me that, "if I could see myself the way other people do that I would rule the world." I also have several friends and colleagues who celebrate every little success with me.
2. **Get out of Your Own Head**—Talk to other women about what you are feeling. The inner critic feeds on shame in the darkness. Many of us are so sure that we are the only ones who feel less than or that we are the only ones struggling to be 100% to everyone. If you start talking to other women about where you feel like you are falling short, you will realize you are not alone and that you are being too hard on yourself.
3. **Keep Track of Your Success**—We all have difficult jobs and demanding lives, some days they will get you down and take more from you than you have to give. However, if you keep track of all of your praises and refer to it often, you will begin to quiet that inner negative soundtrack. I recommend that you keep a file folder of all the "good job" emails, the client kudos, the awards, the "thank you for a job well done" notes. Not only will this help you shut down the hater in your head, but bonus...it will help you when you have to prepare your self-evaluation or year-end review.



**Monica Blacker**  
BAX Advisors, LLC

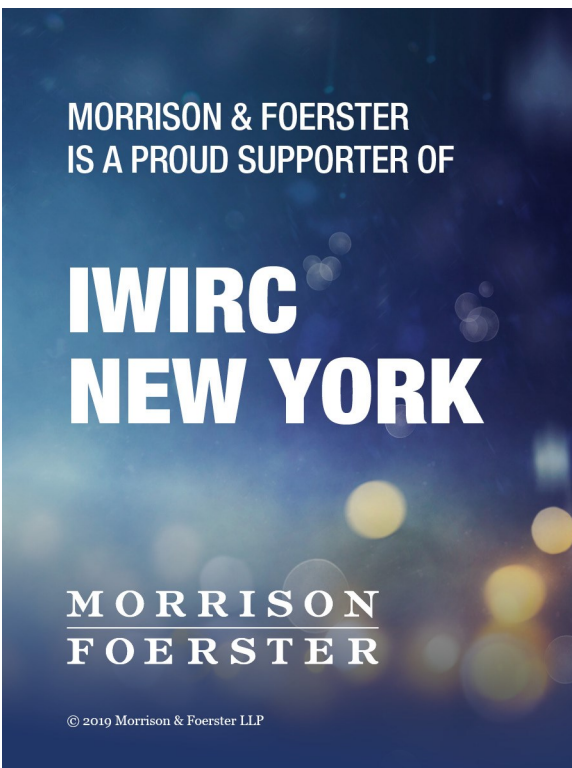
## Tips for Quieting Your Inner Critic

### Monica Blacker

BAX Advisors, LLC

4. **Abandon Fear**—Fear is a powerful driver for women. Fear often keeps women from speaking up, it also keeps them in relationships and jobs that they don't love, because they are afraid of change and failure. I encourage women to consider what they would do if they weren't afraid. Talk about it out loud as mentioned in Tip #2. When you abandon fear, you will be able to find your voice, your passion and hopefully trust it.
5. **Redefine Failure**—As cliché as it sounds, you have to redefine failure. Your fear of failing is what your inner critic feeds on. If you can redefine failure as a stepping stone to success or a way to help focus your passion, it won't seem so scary. As women, we are so afraid of showing any weakness or sense of failure. In most instances, what your inner voice tells you is a failure is actually part of the path to bigger and better things. Know that no one has a 100% success rate, in fact, many of the men and women defined as sports' greatest have a 33% success rate!
6. **Be a Mentor/Sponsor for Someone Else**—One of the best ways to quiet the inner critic is to help someone else. Not only will it make you feel good about yourself, but you will find that the gratitude you receive will make the inner critic quiet down. You will realize that you are someone else's cheerleader, that someone else cares about your opinion, your praise. As such, you can't be as bad as that "little voice" tells you, instead you are a force to be reckoned with, followed and believed in.

Now, I want you to take these tips and tomorrow morning practice quieting that voice. Be nice to yourself and do your best to get out of the house without saying something mean to yourself. And then try again the next day, and the next. Hopefully, it will become easier and you will notice that the voice is not so vocal and that you aren't being so hard on yourself.

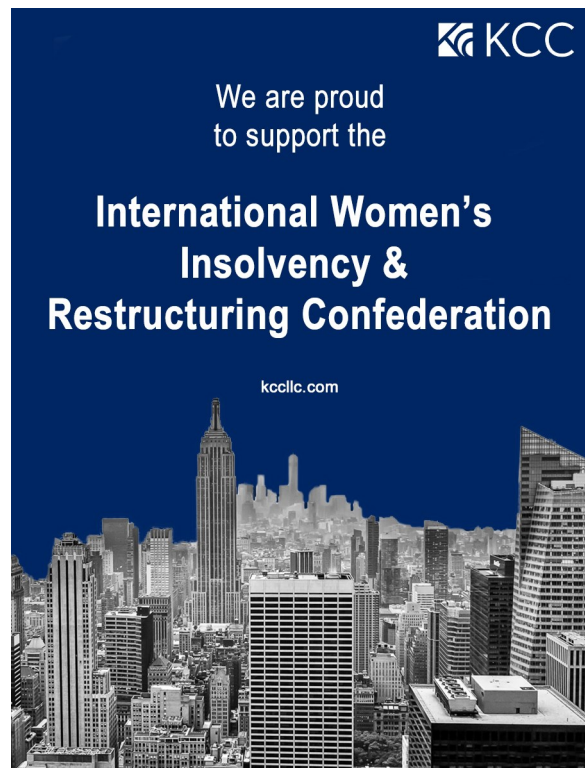



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Congratulate your fellow IWIRC NY members on their recent accomplishment! Click on a name to send a note.

Let us sing your praises! Email us your accomplishments for inclusion in our next newsletter.

## Speaking Engagements

[Shanté George](#) of Baker Tilly's Forensic, Litigation and Valuation Services practice spoke at the American Bankruptcy Institute's Annual Spring Meeting back in April on the Jay Alix Protocol, including tips for attorneys and advisors for meeting its requirements, and recent bankruptcy court decisions regarding its continuing vitality.

[Deirdre McGuinness](#), Epiq, spoke on the Ethics Panel at the ABI New York City Conference on May 22, 2019.

[Lisa Donahue](#), Managing Director, AlixPartners, spoke at the Kayo Women's Power and Infrastructure Summit on April 17th, on how to embrace and make the most of the disruption that is happening in the power industry.

[Carriane Basler](#), Managing Director, AlixPartners, spoke at the M&A Advisor's 2019 Distressed Investing Summit on March 28th, on the panel "Can Recidivism Be Avoided?" and she is featured in episode five of TMA Talks during which she discusses her career, building your personal brand and professional network, the importance of diversity and supporting women in the workplace, IWIRC and her role as international chair, among others., which is available [here](#).

[Pilar Tarry](#), Managing Director, AlixPartners, spoke at ABI and AIRA's VALCON 2019 on the panel "Do Private Equity and Hedge Funds Save or Kill Distressed Businesses?"

## Speaking Engagements (continued)

[Jasmine Ball](#), Debevoise & Plimpton, LLP spoke at the Cross-Border Bankruptcy Issues Panel at the ABI New York City Conference on May 22, 2019. On May 16, 2019, she also moderated the panel "Structured Finance Investment in the Brazilian Sugar & Ethanol Industry". Jasmine also spoke on a podcast on March 12, 2019 entitled "Windstream Bankruptcy Implications" for BWG Strategy and presented a webcast on March 6, 2019 entitled "What in the World is Up with Windstream."

[My Chi To](#), Debevoise & Plimpton, LLP, spoke on a panel for the Practising Law Institute on Intercreditor and Subordination Agreements and Make Whole Premiums on April 23, 2019.





Congratulate your fellow IWIRC NY members on their recent accomplishment! Click on a name to send a note.

## Firm Changes and Promotions

[Michelle Salazar](#) has joined KCC.

[Shanté George](#) has been promoted to Principal at Baker Tilly

## Publications

[AlixPartners](#) has published their fourth annual private equity leadership survey, which is available [here](#). The survey presents insights from private equity and portfolio company executives, and identifies the gaps in communication, expectation and urgency between investors and the leaders of their portfolio companies.

## Honors

[Jennifer Marines](#), co-chair of Morrison Foerster's finance department and Business Restructuring & Insolvency partner, recognized for the fourth year in a row by Turnarounds & Workouts as 2019 Outstanding Young Restructuring Lawyer.

[Isabel Arana de Uriarte](#), Senior Vice President, AlixPartners, was recognized as an ASPIRA Circle of Achiever honoree during ASPIRA's 2019 annual Circle of Achievers Gala on May 9th, honoring corporate achievers who have made a difference in the Latino community.



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*Prime Clerk*

**Megan Hyland**

*FTI Consulting*

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**Heather Milazzo**

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**Katharine Scott**

*Togut, Segal & Segal LLP*

**Amanda Glaubach**

*Togut, Segal & Segal LLP*

**Stacy Dasaro**

*Goodwin Procter LLP*

**Rachel Murray**

*Moelis & Company*

Drop them a line personally welcoming these new members by using the hyperlinks on their names.

Need to renew your membership or become an IWIRC NY member? We want to see you here in our next newsletter—Register or renew [HERE](#) today.

### Membership/Sponsorship Subcommittee

- Isabel Arana de Uriarte, Chair
- Shanté George
- Jennifer Kimble
- Carole Levine
- Samantha Martin

Erica S. Weisgerber is counsel in the Litigation Department whose practice focuses on a wide range of complex commercial litigation with an emphasis on bankruptcy matters. Ms. Weisgerber's bankruptcy experience includes a range of debtor and creditor representations, adversary proceedings and contested matters in cases under chapters 11 and 15 of the US Bankruptcy Code and cross-border insolvency proceedings, including extensive experience litigating clawback claims arising out of domestic and international insolvencies. Ms. Weisgerber has advised clients on restructuring and litigation-related issues arising in bankruptcy cases, out-of-court restructurings and other distressed situations across a diverse range of industries. Ms. Weisgerber also regularly represents investment banks in their retentions by major constituencies in Chapter 11 proceedings. Ms. Weisgerber's broader commercial litigation practice also includes significant experience in federal and state courts litigating class actions and antitrust and mass tort litigations. Ms. Weisgerber also maintains an active pro bono practice and is a 2012 and 2013 recipient of *The Legal Aid Society's* Pro Bono Publico Award for outstanding service to *The Legal Aid Society* and its clients. She has also been recognized as Empire State Counsel by the New York State Bar Association for her pro bono contributions. Most recently, she represented The Big Apple Circus, as a pro bono client, in litigation arising during the course of its Chapter 11 proceedings.



**Erica S. Weisberger,**  
**Counsel**  
**Debevoise & Plimpton LLP**

Ms. Weisgerber is a member of the Bar of New York and is admitted to appear before the U.S. District Courts for the Southern and Eastern Districts of New York, the U.S. Courts of Appeals for the Second, Third and Tenth Circuits, and the U.S. Supreme Court. Ms. Weisgerber is a member of the New York State Bar Association, for which she serves on the executive committee of the Antitrust Section. She previously served on the executive committees of the New York State Bar Association's Young Lawyers Section and the Commercial & Federal Litigation Section.

Ms. Weisgerber is also a member of the American Bar Association and is an active member of the ABA's Antitrust Section and the Litigation Section. She is currently a Vice Chair of the Antitrust Section's Legislation Committee and is co-editor of the Antitrust Section's State Action Practice Manual. She is also a member of the American Bankruptcy Institute, the International Women's Insolvency and Restructuring Confederation, and the National Association of Women Lawyers, for which she serves as co-chair of the NAWL's Membership Committee. Ms. Weisgerber also serves as an editor-in-chief of the Debevoise Women's Review.

Ms. Weisgerber joined the firm in 2008. From 2009 to 2010, she clerked for the Hon. Joseph Bianco of the United States District Court for the Eastern District of New York. Ms. Weisgerber received a J.D. *magna cum laude* from Georgetown University Law Center in 2008, where she was Order of the Coif and managing editor of the Georgetown Law Journal. She received a B.A. *magna cum laude* from Georgetown University in 2005.

## New York Metro Area

### New York City Bar: Judges Roundtable: Hot Topics in Mass Tort Chapter 11 Bankruptcies

June 20, 2019

New York, New York

### TMA Golf & Tennis Outing

June 24, 2019

Armonk, New York

### TMA NJ Chapter: Tacos & Tequila

June 26, 2019

Jersey City, New Jersey

### NYIC Future Leaders Rooftop Reception

July 23, 2019

New York, New York

### 15th Annual TMA Northeast Conference

August 28, 2019

Saratoga Springs, New York

## Regional / National

### ABI Northeast Bankruptcy Conference & Consumer Forum

July 11-13, 2019

Newport, Rhode Island

### IWIRC 2019 Leadership Summit

July 24-26, 2019

Ritz Carlton, New Orleans, Louisiana

### ABA Annual Meeting

August 8-13, 2019

San Francisco, California



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the Debevoise Women's Review  
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## Connect with Us

We now have a combined total of 595 followers on Facebook, LinkedIn, and Twitter, and it's not too late for you to join the fun. Being a "friend" of IWIRC NY on social media has become more rewarding than ever! Continue to look out for more giveaways to upcoming events on LinkedIn, Facebook and Twitter!



### Additional Facebook Networks

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- Krista L. Kulp (Co-Chair)
- Jasmine Ball
- Samantha Martin
- Hillary Davis
- Camille Bent
- Wendy Salz
- Sara Temes
- Alexa Mahnken
- Lindsay Brennan
- Katie Crispi

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Stroock & Stroock  
& Lavan, LLP



**Jasmine Ball**  
Debevoise &  
Plimpton, LLP

## Board Advisor

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**Carren Shulman**

## Membership

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**Isabel Arana de  
Uriate**  
Alix Partners, LLP



**Christina Pullo**  
Prime Clerk LLC



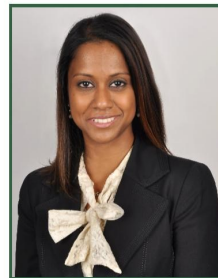
**Gani Bardhi**  
Alvarez & Marsal

## Communications

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**Krista L. Kulp**  
Cole Schotz P.C.



**Sharmeen Khan**  
FTI Consulting, Inc.



**Sophia Heapheastou**  
Cullen and Dykman LLP

## Substantive Events

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**Kaitlin Walsh**  
Mintz



**Alissa M. Nann**  
Foley &  
Lardner, LLP



**Maeghan McLoughlin**  
Kelley Drye &  
Warren, LLP

## Networking Events

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